

The Tallahassee BALLET SCHOOL

... offers something for everyone,
from beginners to advanced dancers.

The Tallahassee Ballet School provides students with a kinetic understanding of how their bodies move through space, teaching classical ballet principles and technique. Ballet is the foundation of most dance forms and assists in developing muscles and postures that allow dancers to move with grace and poise—on and off the stage. All Tallahassee Ballet School instructors are classically trained with the FSU Dance Department and/or various national dance companies. The Tallahassee Ballet School follows the ABT® National Training Curriculum.



CLASS INFORMATION:

- Class registration runs from March 1 through January 31.
- Class enrollment is on an annual school-year basis.
- Classes begin the same week as the public school system.
- Enrollment in The Tallahassee Ballet School is limited. Registration is offered on a first-come, first-served basis, therefore early enrollment is encouraged.
- Drop-ins are not permitted.

NEW STUDENT ENROLLMENT:

- With the exception of Primary and Open Divisions, new students are required to take a placement class. Following the evaluation, the school director will contact the student's family to provide a level placement for the school year.
- After a new student has been placed in a level, he or she may sign up for classes through the online portal.

ENROLLMENT PROCESS:

1. Fill out an online registration form and create a "family account," which is done through our secure online portal.
2. From this secure account, you can review class schedules, register for classes, and view tuition processing.

REGISTRATION/ANNUAL FEE:

- RETURNING STUDENTS fee per dancer\$30
- NEW STUDENTS fee per dancer.....\$40

TUITION PROCEDURE

- Tuition is due on the 5th of the month, August-May.
- Tuition is paid online via credit card or bank draft through the TTB School.
- A \$10 late fee is charged after the 5th for outstanding balances.
- No cash or checks are accepted for tuition/registration payments.

SCHOOL-YEAR TUITION (charged for 10 months):

- Classes less than one (1) hour—\$560 (\$56/month)
- One-hour classes—\$580 (\$58/month)
- One-and-one-quarter (1-1/4) hour classes—\$600 (\$60/month)
- One-and-one-half (1-1/2) hour classes—\$620 (\$62/month)
- One-and-three quarter (1-3/4) hour classes—\$640 (\$64/month)

SUMMER TUITION

- Six-week session.....\$100-\$125

MULTI-CLASS DISCOUNT POLICY

We provide discounts for multiple classes per family:

- 15% off the second class
- 20% off the third class
- 30% off the fourth class
- 40% off the fifth (or more) classes

SCHOLARSHIP OPPORTUNITIES: The Tallahassee Ballet School periodically offers merit scholarships to deserving students. The deadline for the 2022-2023 Helen Salter Scholarship application is May 21, 2022. Download the application at TTB website.

FOR QUESTIONS ON PRICING, PLACEMENT CLASSES, OR REGISTRATION:

EMAIL: classes@tallahasseeballet.org

REGISTER AT: tallahasseeballet.org/education

PRIMARY DIVISION

THE TALLAHASSEE BALLET SCHOOL PRIMARY DIVISION

The Primary Division features classes that combine movement and music to help students develop coordination, body awareness, rhythm, flexibility, and self-confidence while learning dance vocabulary. Classes progress to introduce students to foundational dance steps and terminology.



MOMMY & ME

18 months-2 years old (Must be 18 months by Oct. 1st)

Introduces little ones to the magic of dance, while enjoying the company of other moms. This 45-minute class develops rhythm, direction, balance, dance movement, coordination, listening skills and much more.

Dress Code:

GIRLS

- leotard, tights, and ballet shoes



CREATIVE MOVEMENT

3 years old (Must be 3 by Oct. 1st)

An energetic class for three-year-olds (without parent participation) that develops dance movement through imagination and colorful props. In preparation for our Primary Level, this class introduces basic ballet vocabulary in a creative setting.

Dress Code:

GIRLS

- Black or solid color ballet leotard, pink tights, pink canvas or leather ballet shoes. Flesh-toned tights and shoes for dark skin tones are welcome. Color of tights should match the shoes.

BOYS

- Black tights, black ballet shoes, and a white t-shirt

PRIMARY BALLET

Ballet is the foundation of most forms of dance. Alignment and musicality learned in ballet are important in all dance styles. Additionally, ballet nurtures discipline, dedication, and confidence; improves posture, balance, and flexibility; and increases agility, grace, and coordination.

Level A : 4-5 years old (Must be 4 by Oct. 1st)

Young dancers turn basic kinetic skills into creative expression through dance. This class introduces students to the foundational positions and vocabulary of ballet.

Level B : 5-6 years old (Must be 5 by Oct. 1st)

Level B Ballet continues reinforcing the foundational positions of ballet and expands classical vocabulary and technique, putting positions into practice.

Dress Code:

GIRLS

- Black or solid color ballet leotard, pink tights, pink canvas or leather ballet shoes. Flesh-toned tights and shoes for dark skin tones are welcome. Color of tights should match the shoes.
- Hair pulled back neatly in a bun or small ponytail.

BOYS

- Black tights, black ballet shoes, and a white t-shirt

PRIMARY TAP

4-6 years old (Must be 4 by Oct. 1st)

Builds strength, coordination, flexibility and rhythmic skills through the percussive influences of American tap. Students learn basic tap vocabulary and steps.

Dress Code:

GIRLS

- Black or solid color ballet leotard, skin-tone tights, black tap shoes.
- Hair pulled back neatly in a bun or small ponytail.

BOYS

- Black tights, black ballet shoes, and a white t-shirt



PRIMARY JAZZ

4-6 years old

(Must be 4 by Oct. 1st)

This high-energy class builds a dancer's strength and technique through jazz choreography. Introduces students to the basics of classical jazz vocabulary and steps.

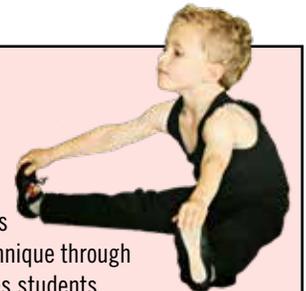
Dress Code:

GIRLS

- Black or solid color ballet leotard, skin-tone tights, black jazz shoes.
- Hair pulled back neatly in a bun or small ponytail.

BOYS

- Black jazz pants or tights, black jazz shoes, and any solid-colored t-shirt.



The Tallahassee Ballet School Student Division

BALLET

These structured classical ballet classes focus on proper posture, discipline, vocabulary, and technique to ensure the student's understanding of the fundamental movement methods. Students advance according to individual progress in obtaining technique, strength, and flexibility. These classes include barre and center floor work, including movements and/or combinations across the floor.

As students progress in the Student Division, they are presented with more challenging ballet vocabulary and a quicker pace. Level 2 and 3 classes are designed to elevate the dance student's knowledge of ballet for those aspiring to audition for The Tallahassee Ballet's Youth Company.

An instructor's recommendation is required for student advancement in Level 2 and higher. Outside students must take a placement class. Experience is not required, but will be taken into consideration.

- Level 1:** • 7 years old (by Oct. 1st)
No placement class required.
- Level 2:** • Ages: 7-8 yrs (at least 7 by Oct. 1st)
• Two ballet classes per week required.
- Level 3:** • Age is taken into consideration; however, students are placed in the appropriate level based on technique.
• Two ballet classes per week required.
• This level brings greater attention to the artistry of ballet movement, and fluidly connecting steps and preparing young dancers for auditions and performances.
• Students remain in this level for a minimum of 2 years.

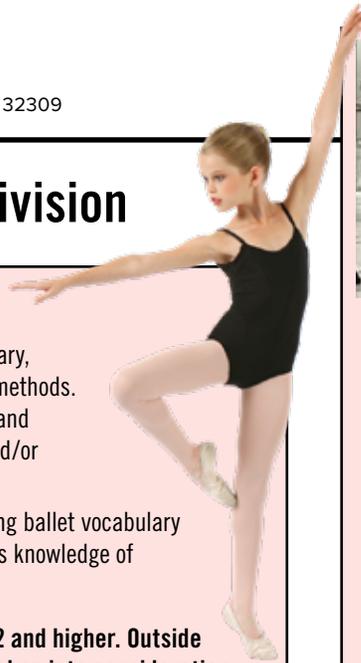
PRE-POINTE/BEGINNER POINTE

- **AGE:** Minimum age 12 and have at least four years of solid ballet training and have physically matured before training en pointe. Starting too early can cause damage, including stress fractures and malformation of bones. ***Everybody grows at different rates, so age is much less of a determinant for en pointe readiness.***
- This class focuses on the fundamentals of pointe work while building the strength necessary to progress en pointe. The class will primarily include barre work and eventually advance to combinations in the center.
- Two ballet classes per week are required.
- Students remain in this level until the physical strength and mastery of technique are reached safely.

Dress Code (strictly enforced):

Girls: black leotard, pink tights, pink split-sole ballet shoes or pointe shoes. Flesh-toned tights and shoes for dark skin tones are welcome. Color of tights should match the shoes. Hair neatly pulled back in a bun for class. TTBS uniform leotard is required for Level 2 and higher.

Boys: black tights, black ballet shoes, and a white t-shirt.



JAZZ Level 1: Ages: 7-8 yrs (*at least 7 by Oct. 1st.*)

Level 2: Ages: 8-9 yrs (*at least 8 by Oct. 1st.*)

This class builds strength, technique, rhythm, balance, and jumping while introducing students to classical jazz vocabulary and conditioning. It includes a warm-up, across-the-floor exercises, and a fun choreography combination as a culmination of each class's content.

Dress Code:

Girls: Any color leotard, tights or jazz pants, and black jazz shoes.

Boys: Black jazz pants/tights, black jazz shoes, any solid-color t-shirt.

JAZZ/TAP COMBINATION Ages: 7-10 yrs (*at least 7 by Oct. 1st.*)

Combining the arts of jazz and tap, this class is broken into two segments. It includes a warm-up, across the floor exercises, and a fun choreography combination at the culmination of the school year.

Dress Code: Any color leotard, tights or jazz pants, and jazz AND tap shoes.

BALLET/TAP COMBINATION Ages: 4-6 (*at least 4 by Oct. 1st.*)

This combination class builds strength, coordination, flexibility, and rhythmic skills through classical ballet vocabulary and the percussive influences of American tap.

Dress Code: Same as ballet, and ballet AND tap shoes.

HIP HOP Two age groups: 10-13 and 14-18

This class introduces dancers to the styles and techniques of street dances such a pop and lock, isolations, and break dance through floor work, with a strong emphasis on free-style and self-expression.

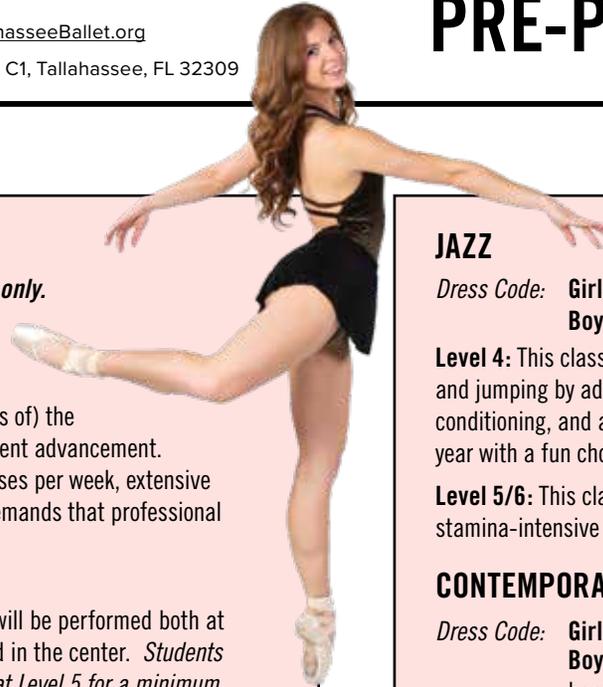
Dress Code: Lightly used street shoes or jazz shoes. Make sure that street shoes are cleaned off from debris when entering the studio.

LYRICAL Ages: 8-12

Lyrical is an expressive type of dance that combines the art of ballet and jazz.

Dress Code: Same as ballet.

PRE-PROFESSIONAL DIVISION



BALLET/POINTE

TTB School Pre-Professional Division is **by audition or invitation only**.

Extremely dedicated advanced students are invited into this program according to individual progress. These classes are designed for students who wish to pursue a professional career in dance and have aspirations to be a part of (or are already members of) the TTB Company. An instructor's recommendation is required for student advancement. Students partake in a rigorous dance schedule of at least five classes per week, extensive outside work, and conditioning – preparing them for the intense demands that professional dancing requires.

Level 4

Designed for students wanting to strengthen their ballet skills with aspirations of auditioning for TTB's Company. Ballet vocabulary and technique are taught through barre and center floor work, including combinations across the floor. This class prepares young dancers for auditions and performances. *Students remain at this level for a minimum of 2 years*

Level 4 Pointe

The class focuses on the fundamentals of pointe work while building the strength necessary to progress en pointe and eventually execute classical variations. The class includes barre work, center, and across-the-floor exercises.

Level 5

An intermediate/advanced level ballet class designed to expand the body's movement capabilities through challenging and complex combinations that will prepare dancers for TTB's Company. It focuses on the use of the upper body, moving through space, and using artistry along with technical abilities.

Pointe work will be performed both at the barre and in the center. *Students may remain at Level 5 for a minimum of 2 years.*

Level 6

This advanced-level ballet class is very physical and designed to expand the body's movement capabilities through challenging and complex combinations for TTB's Company dancers. Pointe work is practiced at the barre and center.

Dress Code (strictly enforced):

Girls: Black TTBS uniform leotard, pink tights, pink split-sole ballet shoes or pointe shoes. Flesh-toned tights and shoes for dark skin tones are welcome. Color of tights should match the shoes. Hair neatly pulled back in a bun for class.

Boys: Black tights, black ballet shoes, and a white t-shirt.

JAZZ

Dress Code: **Girls:** Any color leotard, tights or jazz pants, and black jazz shoes.
Boys: Black jazz pants/tights, black jazz shoes, any solid-color t-shirt.

Level 4: This class builds strength, technique, movement quality, rhythm, balance, and jumping by advancing the student's jazz vocabulary. It includes a warm-up, conditioning, and across-the-floor exercises. Classes culminate at the end of each year with a fun choreographed combination using the classes' content.

Level 5/6: This class expands on Level 4 with more complex choreography and stamina-intensive movements.

CONTEMPORARY

Dress Code: **Girls:** Any color leotard, tights or jazz pants, and bare feet.
Boys: Black jazz pants/tights, any solid-color t-shirt, and bare feet.

Level 4: This class is designed to further the concepts of moving through space. Dancers discover movement capabilities that lie outside classical ballet and learn the concept of "being grounded." Drawing from the many various styles of dance and conditioning, this class challenges student's technical awareness and promotes expression through movement where the body is the instrument.

Level 5/6: These classes expand on the foundation nurtured in previous levels. Movements and combinations are more intricate and physically demanding.

POINTE/VARIATIONS

Dress Code: Same as Ballet (strictly enforced)

Level 5: This class focuses on pointe technique, building strength and fluidity in the shoes, and artistry as a classical ballet dancer. The class includes barre and center floor combinations. The second portion of class includes learning and performing a classical variation.

Level 6: This class expands on the foundation nurtured in previous levels. Movements and combinations are more intricate and physically demanding.

